**Nigel Hamilton:**

**Publikationen und Präsentationen**

Buchveröffentlichung und Artikel zum Buch:

1. (2014) Awakening Through Dreams: The Journey through the Inner Landscape – UKCP - Karnac Series
2. (2014) Awakening Through Dreams, UKCP Psychotherapist (Issue 58), p. 30 - 33.

Präsentationen im Rahmen der *International Association for the Study of Dreams*, IASD:

**IASD, Anaheim, CA, June 2017, Panel:** „The personal and therapeutic significance of moving and interacting within the space of a lucid dream“

**IASD, Anaheim, CA, June 2017, Panel:** „Applying the Waking Dream Process to Dreams and Lucid Dreaming“

**IASD, Kerkrade, June 2016, Panel:** “Transpersonal Research Methods for working with Dreams”

**ISAD, Berkeley, CA, June 2015, Panel:** „Fundamentals of a Multi-Dimensional Dreamwork Theory on Dreams and Lucid Dreaming“

**ISAD, Berkeley, CA, June 2014, Panel:** „Gateways to Dimensions of Consciousness in Dreams“ Presented: Wormholes in Dreams

**ISAD, Berkeley, CA, June 2014, Panel:** „The Evolution of Symmetry in Dreams as a Mirror of the Sub-Atomic World“

**ISAD, Virginia Beach, June 2013, Panel:** „Awakening to an Expanded Reality through Lucid Dreaming“

**ISAD, Virginia Beach, June 2013, Panel:** „The Phenomenology of Light in the Process of Spiritual Awakening“

**ISAD, Berkeley, CA, June 2012, Panel:** „Dreams of Awakening“

**ISAD, Kerkrade, Netherlands, June 2011, Panel:** „Light, Colour, Movement and Symmetry in Dreams – The Building Blocks of Lucidity and Awakening Consciousness“

**ISAD, Asheville, North Carolina, June 2010, Panel:** „The Role of Lucid Dreams in Healing and Spiritual Awakening“

**ISAD, Chicago, June 2009, Panel:** „Symmetry in Dreams and the Psycho-Spiritual Awakening Process“

**ISAD, Sonoma State University, June 2007, Panel:** „The Role of Dreams in the Study of Human Transformation“

## Psychotherapie - Schriften

1. Hamilton N. (2006). *The Role of Dreams in the Study of Human Transformation*. PhD Thesis, Leicester: De Montfort University.

2. Hamilton, N. (2004). *A Sufi perspective on the use of dreams in following a psycho-spiritual transformation process*. 21st Annual Conference of the International Association for the Study of Dreams. Copenhagen, June 2004.

3. Hamilton, N. (2003). *Dreams recorded during a psycho-spiritual transformation process*. Proceedings of the Science of Dream, the Dream of Science. Institut für Hirnforschung, Vienna. October.

4. Hamilton, N. (2001). *Distinguishing voices of inner guidance from voices heard in psychotic states*. Proceedings of Conference on Religion and Mental Anguish. St. Thomas’ Hospital, London. June.

5. Hamilton, N. (2000a). Discovering the Self: a study of dreams on retreat. *Journal of Humanistic Psychology*, March 2000.

6. Hamilton, N. (2000b). *Retreats, dreams: new transpersonal research.* Proceedings of British Association of Counselling & Psychotherapy Research Conference, University of Manchester, May 2000.

7. Hamilton, N. & Hiles, D.R. (1999). *Dreams as an indication of spiritual/personal growth: exploring a new model*. Proceedings of British Association of Counselling & Psychotherapy Research Conference, Leeds University, May 1999.

8. Hamilton, N. (1999). *Dreams on Retreat Study*. Psychology: Universum of Noetic Man. Proceedings of Conference at Tomsk University, Russia.

9. Guiding Dream Interpretation using the Waking Dream Technique, *Caduceus* Spring 1992

10. Archetypal Sounds in Psychotherapy, *Caduceus* Issue No 5, 1988

Workshops:

**Gateways London 2014**: Presentation: Awakening Through Dreams – A Sufi Perspective

Practical Session: Exploring the Dream through the Body

**London June 2011:** Lucid Dreams and Healing Workshop, with Robert Waggoner and Mary Ziemer

**Centre for Counselling & Psychotherapy Education Workshops:**

**London 1984-2000:** Dreams, Healing, Alchemy, Relationships, Creative Imagination, Accomplishment, Life Crisis, Facilitating Spiritual Growth in Psychotherapy

Workshops zum Thema Traumarbeit in Zürich (jährlich), Tessin/Schweiz (alle 1-2 Jahre), Wien (zuletzt Mai 2017)